



Emu Express

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Issue 29 - Term 3 - Week 6

Friday, 31st August 2018

Calendar

Term 3

Week 7

Monday, 3 rd September	Blacktown Festival of Performing Arts Choir & Dance Day Rehearsal
	Blacktown Festival of Performing Arts Evening
Tuesday, 4 th September	Zone Athletics Carnival

Week 8

Tuesday, 11 th September	P & C Meeting 9:15am
Thursday, 13 th September	Stage 3 Graffiti Talk
Friday, 14 th September	Year 6 Pyjama Day

Week 9

Friday, 21 st September	P & C Disco at Chipmunks Playground
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Week 10

Monday, 24 th September	Stage 2 Excursion
Wednesday, 26 th September	Whole School Assembly 2:10pm
Friday, 28 th September	Last Day Term 3

Term 4

Week 1

Monday, 15 th October	Students return to school.
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Principal's Message

Student Celebrations:

Working with our SRC

Yesterday morning, I had the privilege to meet with some of the members of our School Representative Council (SRC) who presented their ideas on ways we can improve the school, and they also shared their ideas of how we, as a school, can support farmers and their families as they struggle through the severe impact the drought is having on their lives and livelihoods. I was blown away by the thoughtful insights these students shared about our school and the passion and commitment the SRC has towards the very worthwhile cause of helping others in dire need. Stay tuned – we will be hearing a lot more from our SRC members over the coming weeks!



Good Luck Netballers

Congratulations go to our Senior Netball Team who are playing in the Grand Final tonight at William Lawson Reserve, Myrtle Street Prospect. If you would like to come along and cheer the team on, they will play at 6:15pm. A big thank you to Miss Haller, who has done a great job in coaching the team.

Blacktown Performing Arts Festival

Next Monday night, our Senior Dance Group and Senior Choir will perform at the Blacktown Festival of Performing Arts, held at Wyndham College. It's always a joy to watch the smiles on the students' faces and to see how proud they are of themselves. Congratulations to all students who are participating in this wonderful event and thank you to Mrs Leotta and Miss Haller who did a fantastic job preparing our students for it.

Zone Athletics Carnival

Good luck to all the students who will be representing our school next Tuesday at the Zone Athletics Carnival at Blacktown SportsPark. I'm sure you'll try your hardest and be great ambassadors for our school.

Feeling Safe within the School Community

At Marayong Heights PS we are committed to providing a safe and caring environment in which **all** members of the school are respected and a positive culture is promoted. As adults, we have a responsibility to be positive role-models to our children and ensure that we have positive, fair and respectful relationships with other children, teachers and parents – both at school and within the community, without being bullied, harassed or intimidated. This also includes when using social media. As role-models for our children, I ask all adults consider the advice below when speaking to others or using any form of social media.....



Father's Day and Thank You

I hope all our Dads, Carers, Grandfathers, Uncles and other significant father figures in our students' lives have a fabulous Father's Day. I would like to extend a big thank you to our wonderful P&C, who did a fabulous job with the Father's Day Stall yesterday. The smiles on our students' faces were huge as they proudly walked away

with their purchases from the stall.

Planning for 2019

Planning for 2019 is under way. If you know that your child/ren won't be returning to Marayong Heights Public School in 2019 (excluding our current Year 6 students leaving us for high school at the end of this year!) please contact the office, either by phone or letter, letting us know that you won't be returning. This will help with our organisation for staffing and class allocations.

Kindergarten Enrolments 2019

We are currently taking enrolments for Kindergarten 2019. If your child is turning 5 years old before the end of July 2019, or if you know of any family in our area who has a child turning 5, please come and pick up an enrolment form from the office.

"Get Ready for Kindy"

Our transition to school program - 'Get Ready for Kindy' – starts next term. The program consists of three classroom visits and an Orientation Morning. The first classroom visit is on Tuesday 30th October from 2:00 to 3:00pm. The second visit is on Tuesday 6th November from 9:15am to 10:45am and the final classroom visit is on Tuesday, 13th November from 11:45am to 1:15pm. Our Orientation Morning is on Tuesday 20th November from 9:15am to 10:45am. Invitations to our 'Get Ready for Kindy' program will be sent out very soon to all children who have enrolled for 2018.

Lisa Littlejohn
Principal

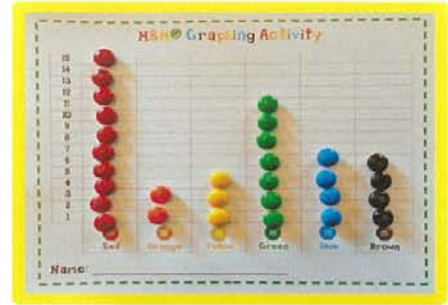
PBL Focus

Our PBL focus for the next two weeks is being an Enthusiastic, Mature and Understanding student during assemblies. This means:

- We celebrate the achievement of others.
- We enter and leave quickly and quietly.
- We listen respectfully and respond to requests appropriately.

Star Class 1/2W

In Maths, 1/2 W have been learning to make graphs about the colours in their packets of mnm's. They had lots of fun learning about how to represent their data as a graph.



School Administration News

Current Permission Notes

Excursion/Activity	Date of excursion/activity	Forms due back to school
Stage 2 Excursion Hyde Park Barracks and The Australian Museum	Monday, 24 th September 2018 \$28.00 per student.	Last day for payments is 9:00am Friday, 14th September 2018.
Stage 1 Featherdale Wildlife Park Excursion	Wednesday, 24 th October 2018 \$28 per student.	Last day for payments is 9:00am Friday, 19th October 2018.
Kindergarten Excursion Golden Ridge Animal Farm	Friday, 16 th November 2018 \$28.00 per student.	Last day for payments is 9:00am Friday, 9th November 2018.

School Attendance

Did you know- if a student misses as little as 8 days in a school term, by the end of primary school they'll have missed over a year of school.

Library News

Scholastic Book Orders

The last day for book club orders is **Friday, 14th September**. This is the last book club order for Term 3.

Premier's Reading Challenge

PRC ends today, **Friday 31st August** - make sure you have logged all your books online or handed in your completed reading log to Mrs Jaworski or Mrs Stretton. There will be a prize for the student from each class in Years 3-6 that has read the most books.

Library Bags

As single use plastic bags are no longer readily available, we cannot offer plastic bags to students who do not have library bags. It is therefore important that students bring their own library bags (a plastic bag or shopping bag is more than acceptable) on their Library day. We appreciate your support with this matter.

Michelle Jaworski & Claire Stretton
Teacher Librarians

Debating News



The Marayong Heights Public School debating team competed against Marayong South Public School on Tuesday 28th August. Our topic was 'Team sports are better than individual sports' and we were the affirmative team. After strong arguments from both teams, Marayong South were the winners. Our team put up a strong fight and the adjudicator had many wonderful things to say and some areas for us to work on. The team had a lot of fun and should be extremely proud of their efforts! We have one debate left in Week 10. Well done debating team!

Pavan Hansra
Debating Coach

Blacktown Girls High School Science Day

On the 14th of August a group of Year 6 girls attended the Blacktown Girls High School Science Day! They enjoyed activities such as a Bridge Building competition where the girls had to build a bridge with set rules and it had to withstand weight. They were also treated to an experiment where the teachers and students from BGHS made chocolate chip ice-cream from liquid nitrogen! It was a wonderful and delicious experience for all of us!

Pavan Hansra
Co-ordinator



Book Week Parade



Year 6 Fundraising

Year 6 will be hosting a Pyjama Day on **Friday, 14th September** to support the Year 6 Farewell and raise money for the Year 6 Farewell gift to the school. We kindly ask that all students bring a GOLD COIN DONATION to assist our Year 6 students.

We are excited to say goodbye to winter as a school, and can't wait to share this day with everyone!

Wear your craziest pyjamas!

Please ensure they are appropriate for school. All students **MUST** wear enclosed shoes.

Kristy-Lee Haller
Assistant Principal

P & C News

School Banking

School Banking occurs every Friday morning between 8:30-9:00am. The table is located outside the RFF room.

P & C Term 3 Disco

The Term 3 P & C Disco will be held at Chipmunks Playland & Café, 1 Rowood Road Prospect on Friday, 21st September 2018 starting at 6:00pm to 8:00pm. Cost is \$15.00 per child this includes entry, 2 hours of playtime/disco, and a meal. Last day for tickets is **3:00pm Wednesday, 19th September 2018**.



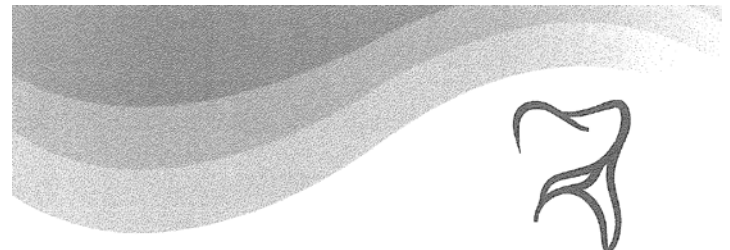
P & C Meeting

Our next P & C Meeting will be held on **Tuesday 11th September** starting at **9:15am**. All are welcome to attend.

Belinda Denham
P & C Vice President and Fundraising Co-ordinator.

Community Messages

Marayong Heights Public School, as a service to parents, will advertise community events that may be of interest. Marayong Heights Public School does not necessarily endorse or sponsor the events and accepts no responsibility for the management or organisation of these events.



All In One Dental Marayong

Open Monday to Friday 8:30 - 5pm, All In One Dental is able to cater for all the family!

We bulk bill Medicare for eligible children and have payment plans available. Even on the spot health fund claims are made easy with our HICAPS machine.

Our services range from a simple scale and clean to surgical extractions and even full mouth rehabilitation.

Give our friendly Team a call on 8664 4689 to make an appointment.

52 Railway Road Marayong | 8664 4689



KILDARE ROAD MEDICAL CENTRE ALLERGY CLINIC NOW OPEN!

Do you suffer from a runny nose, runny or itchy eyes or excess mucous production?
If so, you may be allergic to common airborne allergens such as:

- animal dander
- house dust mites
- mould spores
- pollens (grass, trees, weed)

To find out about diagnosis and treatment for these allergies book an appointment with Dr. Phil Humphris or Dr. Nabeel Makmahi today:

- online at kildaremedical.com.au
- via the HotDoc App (free from the App Store)
- call Reception on 8822 3000

BULK BILLING OPEN 7 DAYS

36 Kildare Road, Blacktown, NSW 2148




This is a FREE Course for Parents & Carers

Topics include :

- ▶ Depression
- ▶ Anxiety problems
- ▶ Psychosis
- ▶ Substance use problems
- ▶ Eating disorders

Who: The 14-hour Youth Mental Health First Aid Course teaches Parents / Carers (18 years & over) how to provide initial support to adolescents (12 years+) who are developing a mental illness or experiencing a mental health crisis.

When: During School Terms

Duration: 3 hours x 4 weeks
One session per week

Where: To Be Advised on registration.

Who: Parents and Carers
With children 12 y.o. and over.

Mental Health First Aid is the help provided to a person who is developing a mental health problem, or who is in a mental health crisis (e.g. the person is suicidal or has had a traumatic experience).

- ▶ Like physical first aid, mental health first aid is given until the person receives professional help or until the crisis resolves.
- ▶ MHFA Strategies are taught in evidence based training courses authored by Mental Health First Aid Australia & delivered by accredited MHFA instructors across the country.
- ▶ JFDS offers MHFA Courses as authored by MHFA Australia & delivered by accredited MHFA instructors.



Youth Mental Health First Aid

BOOKINGS ESSENTIAL

Enquiries:
info@junaya.org.au
 ph: 9621 3922
 fax: 9831 7966

Address:
 Unit 3, 45 Fourth Avenue
 PO Box 8481
 BLACKTOWN NSW 2148

JUNAYA FAMILY DEVELOPMENT SERVICES
www.junaya.org.au

